

# VITANICA® ~ MOOD TONIC™



Tasty Tonics® are concentrated liquid herbal formulas designed with therapeutic doses and blended with natural flavors & essential oils to taste great and encourage compliance for daily use. Mood Tonic™ is thoughtfully formulated to support a positive mood. Packaged in beautiful green glass.

## Featured Ingredients:

- **St. John's wort** is one of the most well-researched herbs in support of a positive mood
- **Passion flower** and **Lemon balm** are traditionally well-known to promote a calming feeling and maintain an ease of tension
- **Rhodiola rosea root** is supportive of endurance across many of the body's health systems. It is a wonderful overall tonic herb with adaptogenic properties, naturally supporting a positive mood
- The delicious and natural peach flavor blends well with the astringent herbs in this formula to taste like peach iced tea

**Indications:** A fun, easy & tasty way to support a positive mood. This is your new go-to commuter tonic!

**Suggested Use:** 1 teaspoon (3 droppers), up to 3 times daily. Dilute in 2-3 ounces of warm or cool water, or to taste as a satisfying herbal tea. May be taken undiluted, directly in the mouth.

Size ~ 4 ounces; UPC code ~ 7-08118-01351-5

Contact ~ 800.572.4712; email ~ [info@vitanica.com](mailto:info@vitanica.com)