

# VITANICA® ~ THYROFEM™

ThyroFem combines nutritional and botanical ingredients promoting balanced support of the thyroid gland in concert with the whole endocrine system.

## Featured Ingredients:

- Support and maintenance of the manufacture of thyroid hormone from **Zinc, Vitamin E, Iodine and Tyrosine**
- Promotes the conversion of thyroid hormone with **Zinc, Copper and Selenium**
- Botanical support from **Ashwagandha and Rhodiola**
- Combined with exercise, ThyroFem supports increased sensitivity of the thyroid tissue to thyroid hormone

## Supplement Facts

Serving Size 2 Capsules  
30 Servings per Container

Amount per Serving		% Daily Value
Vitamin C (as calcium ascorbate)	300 mg	500%
Vitamin E (as d-alpha tocopheryl succinate)	100 IU	333%
Vitamin B12 (as methylcobalamin)	500 mcg	8333%
Zinc (as picolinate)	10 mg	66%
Copper (as amino acid chelate)	1 mg	50%
Selenium (as L-selenomethionine)	100 mcg	142%
L-Tyrosine	500 mg	†
Ashwagandha (Withania somnifera) root extract	250 mg	†
Rhodiola rosea root extract	100 mg	†
Kelp leaf and stem	34 mg	†

† Daily Value not established

Other ingredients: Vegetarian capsule (cellulose and water), microcrystalline cellulose.

**ThyroFem™ is suitable for vegetarians and vegans.**

**Indications:** Specific key nutrients promote normal, healthy thyroid function and production of thyroid hormone. Select herbs provide traditional thyroid support and balanced polyglandular support with the entire endocrine system.

**Suggested Use:** 2 capsules, 1-2 times daily.

Size ~ 60 caps; UPC code ~ 7-08118-01300-3

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