

VITANICA® ~ PHYTOESTROGEN HERBAL™



This progressive powdered formula offers a phytoestrogen-rich blend of botanicals and non-GMO soy isoflavones and flax seed lignans; women in all stages of menopause may benefit from a high dietary intake of phytoestrogens.

Featured Ingredients:

- **Soy isoflavones** are the richest source of phytoestrogens, supplying the isoflavones genistein and daidzein
- **Flax seeds** are the best source of lignans, also a phytoestrogen and they constitute an important fiber
- **Alfalfa** and **Red clover** are traditional medicinal herbs for menopause, also containing phytoestrogens
- **Black cohosh**, although it does not itself contain any phytoestrogens, is clinically effective in promoting relief of many menopause symptoms, including hot flashes, vaginal dryness, mood changes and more

Indications: Supports the many health-promoting benefits of a high daily intake of phytoestrogens, including bone, heart, breast health, and more.

Suggested Use: 1 scoop stirred well into water or juice, once or twice daily, followed by a glass of water. Do not take in dry form.

Size ~ 8 oz.; UPC code ~ 7-08118-01110-8

Contact ~ 800.572.4712; email ~ info@vitanica.com