

VITANICA® ~ SLEEPBLEND™

A holistic sleep support formula featuring non-addictive ingredients supportive of the entire sleep cycle; promotes falling sleep, staying asleep and maintaining the balance of the circadian rhythm.

Featured Ingredients:

- Quality of sleep supported with **Valerian** and **Melatonin**, as research and clinical studies have demonstrated
- **5-HTP** and **Vitamin B6** both work on maintaining the sleep cycle in promoting healthy serotonin and tryptophan levels
- **Vitamin B2** and **B12** - indicated in research for better sleep support
- Relaxation support for mind and body with a little **Calcium** and **Magnesium**, and with **Passionflower** and **Hops**

Supplement Facts		
Serving Size 2 Capsules		
Amount per Serving		% Daily Value
Vitamin B2 (as riboflavin-5-phosphate)	5 mg	294
Vitamin B6 (as pyridoxine HCl)	50 mg	2500
Vitamin B12 (as methylcobalamin)	500 mcg	8300
Calcium (as dicalcium malate, citrate)	80 mg	8
Magnesium (as dimagnesium malate, citrate)	80 mg	20
Passionflower (<i>Passiflora incarnata</i>)		
aerial parts extract	300 mg	†
Hops (<i>Humulus lupulus</i>)		
strobile extract (4:1)	300 mg	†
Valerian (<i>Valeriana officinalis</i>)		
root extract	125 mg	†
5-Hydroxytryptophan (<i>Griffonia simplicifolia</i>)		
(seeds)	100 mg	†
Melatonin	1 mg	†

† Daily Value not established

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), microcrystalline cellulose, l-leucine.

SleepBlend™ is suitable for vegetarians and vegans.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Indications: Promotes restful and relaxing sleep with a thoughtful blend of quality botanicals and nutrients; maintains a healthy circadian rhythm by supporting serotonin and tryptophan naturally.

Suggested Use: 1 - 2 capsule(s), 30-60 minutes before bed.

Size ~ 60 caps; UPC code ~ 7-08118-01045-3

Size ~ 15 caps; UPC code ~ 7-08118-01046-0

Contact ~ 800.572.4712; email ~ info@vitanica.com